

Joint Pledge: Harm Reduction Approach to Drug and Alcohol Use at Aberystwyth University

Collaboratively, Aberystwyth University Student Services, the Student's Union, and Dyfed Drug and Alcohol Service (DDAS) are committed to prioritising the health, safety, and wellbeing of our students through a comprehensive and progressive harm reduction approach to drug and alcohol use. Supported by our regular monthly Harm Reduction Steering Group led by our dedicated Harm Reduction Lead, we aim to:

- Prioritise student and community welfare through innovative harm reduction strategies.
- Reduce health, social, and legal impacts of substance use.
- Ensure easy and proactive access to support and resources.
- Foster an open-minded environment that empowers students with knowledge and encourages open dialogue.

Our Services and Approach:

We offer a range of services that reflect our collaborative effort, including campus clinics and a variety of supportive resources tailored to our community. Our commitment to harm reduction includes the following services for students and staff at Aberystwyth University:

- Weekly on-campus drop-in service
- Friends and family support
- Brief interventions
- Skills development
- Relapse prevention

We also ensure that our community can easily access the following services throughout the week, nearby in the [DDAS & Choices hub](#):

- Group work
- Diversionary activities
- Psychosocial interventions
- Harm reduction services
- Aftercare

DDAS & Choices provide bespoke 1:1 treatment and frontline assessments focused on individual needs and goals, building personal resilience and routes to recovery. Through partnerships with NHS Community Drug and Alcohol Teams, our community has access to comprehensive support, including medical prescriptions and social wellbeing assessments where appropriate.

Together, we are aiming to create a safe, inclusive, and forward-thinking environment where students feel supported and valued. Our unique harm reduction approach reflects [Aberystwyth University Core Values](#):

- Transformational
- Creative & Innovative
- Inclusive
- Ambitious
- Collaborative

Ensuring that every student has the opportunity to thrive.



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Student Union President



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