

Helen Cooper

1. Were you suggested into the role? If yes, can you say if this helped you stand?

Yes, I got an email from nominations saying I'd be a great fit for the Wellbeing Role. Definitely helped me stand! I wouldn't have been aware of the opportunity otherwise. I ran because this was the most effective way to challenge processes and injustices that were having a detrimental affect to our student experience. I wanted to help.

2. What is it you are doing now? What career path did you go down/currently in?

I am now Student Voice Coordinator: Campaigns and Democracy at UWTSD. I'm still in Higher Education? I'd love to stay in charities

3. What is your favourite memory of being an Officer?

Last year we had a day full of activities for Women's History Month and myself and Tiff had worked tirelessly to collaborate with internal and external people and it was a truly amazing thing to see the result of! All of the other officers helped and rallied around and it made me feel really proud of us and the impact we had as a team.

4. What advice would you give to anyone running for the role?

Not all the change you want to make will be tangible, just because you can't see it doesn't mean you won't make an impact - you deserve to be in that room