## **ALLERGENS: RECIPE CARDS**

**Disclaimer:** While every effort has been made to comply with food safety guidelines, we cannot guarantee that our baked goods are free from allergens. If you have any food allergies, please exercise caution when selecting items.

Chef:

Please state the name of the cereal(s) containing

gluten** AND/OR the name of the nut(s)*								
	Cereals containing							
Celery	gluten**	Crustaceans	Eggs	Fish				
Tupin Flour	Mik		MUSTARD	Nuts*				
Lupin	Milk	Molluscs	Mustard					
		£	IN INC	TICK THE ALLERGENS WHICH ARE				
Peanuts	Sesame seeds	Soya	Sulphur dioxide	IN THE DISH				

Notes:

Dish/ingredient:

Date:

## Reviewed and checked by:



You can find this template and others, including more information at www.food.gov.uk/allergen-resources

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Date: Chef:

Please state the name of the cereal(s) containing gluten\*\* AND/OR the name of the nut(s)\*

Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish
Lupin	Milk	Molluscs	Mustard	Nuts*
Peanuts	Sesame seeds	Soya	Sulphur dioxide	TICK THE ALLERGENS WHICH ARE IN THE DISH

Notes:

Reviewed and checked by:

